

Date: Monday 25th February 2019

Location: The Regis School,
Westloats Lane, Bognor
PO21 5LH

Time: 9am –3.40pm

Active Schools Achieve More

West Sussex
PE Conference

#activeschoolsachievemore



8:30-8:55	Arrival and Registration at The Regis School, <i>Main Hall</i> Refreshments available on arrival
9:00-9:15	Welcome and Introduction to the day This year's conference is focusing on the on developing the whole child through physical activity and its whole school impact. Included will be updates on national issues such as PE & Sports Premium, swimming, Active 60 minutes
9:15-9:45	Main Keynote – Active Schools Achieve More. Paul Jones – Headteacher Orchards Junior School Paul will inspire you with his vision of physical activity, PE and sport driving the whole school agenda.
9:50-11:10	Practical 1 – Arena Sports Centre & playing fields Each delegate will take part in a practical session. Please see outline of sessions on attached sheet. The practical session will be approx. 80mins
11:15-12:00 (20 mins @ each)	A) Mini Keynote Behaviour Strategies in PE & Sport to improve attitudes to learning – Ben Purgavie (Head of PE, The Regis School) B) Marketplace an extensive marketplace, featuring national organisations such as AfPE, YST, NGB's, together will innovative resources and local delivery networks - Nick Chellel, Active Sussex
12:00 - 12:40	Lunch provided in the <i>Canteen</i>
12:45-13:45	Network sessions – Main Hall & adjoining classrooms Delegates will have the opportunity to attend TWO network sessions during this time. Each network session will last approximately 25mins. See attached list to choose TWO network sessions. These will be delivered by a variety of experienced staff/tutors.
13:45-15:05	Practical Session 2 – Arena Sports Centre & playing fields Each delegate will take part in a second practical. Please see outline of sessions on attached sheet. These practical sessions will be approx. 80mins
15:10-15:40	Tea, Cakes, Competition & Closing Keynote – From GB Athlete! Congratulations all round; recognising School Games Mark and Quality Start awards, other achievements, rounded off by an inspirational closing keynote from a star international Team GB athlete. Finally, time for reflection, ongoing actions and the completion of evaluation forms and eating of cakes!

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Network Sessions (12:45-13:45)

Each session will last approximately 25mins. You will attend TWO different network sessions in the time provided.

Session Description	
1	New to the PE Coordinator Role – What am I supposed to do! Ideas to support staff who are new to the PE Coordinator role. Understand what this might involve and how to make the most of it!
2	Your Gym teaching environment. Is it safe? Are you, your staff and any coaches you use working safely with your students? This session will attempt to answer questions you have re safe teaching, particularly in gymnastics. You'll need to send in your questions prior to the conference, and we'll help signpost you towards answers etc
3	Using Awards to drive improvement Do you run around at the end of a year trying to find out if you've achieved an award? Quality Start, School Games Mark, AfPE Quality Mark? Or do you look at where you are, and what you want to improve/achieve and link it to impacting on your provision?
4	Engaging minority groups in PE Are you ensuring that every child has access to quality PE provision? This session will look at strategies to ensure that this is the case. This is applicable for students with SEN, EAL, Pupil Premium, disabilities etc, but also for those that struggle with physical skills or lack engagement
5	Do you know what your pupils are doing? Tracking engagement & adapting provision to suit. This session will look at how to track engagement across the school. We'll share with you some systems to track and talk about how to use this information to adapt provision and meet the needs of all of your pupils. Great for meeting Sports Premium targets and demonstrating to Ofsted.
6	30 Active minutes – What are you doing to make pupils more physically active? This session will look at how activity in the classroom and around school can help the school to meet its daily 30 active minutes target set by the Chief Medical Officer
7	Observing PE lessons; what to look for as a PE Subject Leader? Knowing what and how to observe in PE lessons enabling you to provide constructive feedback for staff and coaches.
8	The Role of PE within the Wellbeing Agenda This workshop will look at how to ensure that PE has a high profile and demonstrates how it brings much to the table in terms of the wellbeing agenda in schools; far beyond the physical!

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Practical Sessions

Delegates will have the opportunity to attend **TWO** practical sessions. Session 1 is in the morning and Session 2 is in the afternoon.

Time	Sportshall / Astro	Gym	Drama Room	Sportshall
Session 1 09:50 Each session is approx. 80mins.	<p style="text-align: center;">A</p> <p style="text-align: center;">Teaching Athletics (target KS2 – some KS1 ideas too)</p> How to use a variety of strategies to help pupils learn and achieve in athletic activities. The session will give you a host of practical ideas and resources to really support and challenge pupils to achieve their personal best.	<p style="text-align: center;">B</p> <p style="text-align: center;">Developing Physical Literacy (EYFS & KS1)</p> This session will focus on looking at activities which will help young learners to develop the movement skills which enabling them to access a wider range of activities as they develop	<p style="text-align: center;">C</p> <p style="text-align: center;">Assessment for learning</p> The session aims to widen your repertoire of high impact teaching strategies with a focus on assessment for learning. The session will be practical demonstrating a range of easy to use assessment for learning strategies across Key Stage 1 and 2.	<p style="text-align: center;">D (& must choose H too)</p> <p style="text-align: center;">Badminton (KS2)</p> Take part in the Racket Pack course and learn about how to introduce and develop badminton. *** You must choose both D & H to complete this course and gain the award
	Dance Studio	Sportshall	Gym	Sportshall
Session 2 1:45 Each session is approx. 80mins.	<p style="text-align: center;">E</p> <p style="text-align: center;">Developing Dance (KS1 & lower KS2)</p> Developing dance ideas to ensure progressions. How to introduce and develop dance through inspiring stimuli and extension tasks to challenge children of all abilities.	<p style="text-align: center;">F</p> <p style="text-align: center;">Introducing Handball (target KS2)</p> Bring new game into your teaching. Handball is a very inclusive team game which encompasses many of the skills and tactics needed for other invasion games. It's active and needs very little specialist equipment or knowledge.	<p style="text-align: center;">G</p> <p style="text-align: center;">An Outstanding PE Lesson</p> Watch a primary PE lesson being taught and then take part in activities that will bring out the key elements of an "outstanding" PE lesson	<p style="text-align: center;">H (& must choose D too)</p> <p style="text-align: center;">Badminton (continued) (KS2)</p> Finish the Racket Pack course. It's great racquet sport for all pupils which can be taught throughout the year. The course will also show you the Racket Pack resources, both online and practical.