

Date: Friday 9th February 2018

Location: The Regis School,
Westloats Lane, Bognor

PO21 5LH

Time: 9am –3.15pm



West Sussex PE Conference



8:30-8:55	Arrival and Registration at The Regis School, <i>Main Hall</i> Refreshments available on arrival
9:00-9:10	Welcome and Introduction to the day This year's conference is focusing on active learning, and will look at how learning is enhanced by being active; within lessons, across the curriculum, active playgrounds, PE, schools sport
9:10-9:40	Main Keynote – Be Active : Learn More Greg Dryer – Senior Lecturer Kingston University Greg is a renowned expert in the field of PE and child development and is passionate about developing children to be skilful and active participants in physical activities. He'll share his passion with you!
9:45-11:05	Practical 1 – Arena Sports Centre & playing fields Each delegate will take part in a practical session. Please see outline of sessions on attached sheet. The practical session will be approx. 80mins
11:10-11:40	Mini Keynotes (Choose one) Main Hall & Lecture Theatre A) Evidencing the impact of Sport Premium – Nick Chellel, Active Sussex B) 30 Active Minutes: PE, Sport and active Learning – Sean O'Connor, W Sx West SSP & Kevin Barton, Maths of the Day
11:40-12:25	Lunch provided in the Canteen plus an extensive marketplace, featuring national organisations such as AfPE, YST, NGB's, together with innovative resources and local delivery networks
12:30-13:25	Network sessions – Main Hall & adjoining classrooms Delegates will have the opportunity to attend TWO network sessions during this time. Each network session will last approximately 25mins. There will be 5 mins moving time between network sessions. See attached list to choose TWO network sessions. These will be delivered by a variety of experienced staff/tutors.
13:30-14:40	Practical Session 2 – Arena Sports Centre & playing fields Each delegate will take part in a second practical. Please see outline of sessions on attached sheet. These practical sessions will be approx. 70mins
14:45-15:15	Tea, Cakes, Competition & Closing Keynote – Main Hall An inspirational closing to the day, with a closing keynote from Gillian Lindsay; Olympic Rowing Silver Medallist Includes Congratulations ; School Games Mark and Quality Start awards, time for reflection, ongoing actions and the completion of evaluation forms and eating of cakes!

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Network Sessions (12:30-1:25)

Each session will last approximately 25mins. You will attend TWO different network sessions in the time provided.

Session Description	
1	School Games Level 1 – opportunities to engage every young person in competitive activities Ideas to support staff in setting up / increasing competitive activities running in your own school. This will look at how to incorporate personal challenges, individual sports and team games into a coordinated offer that engages all young people.
2	'Safe Practice in PE & Sport in schools' – Are you providing a safe environment in & out of lessons Are you, your staff and any coaches you use working safely with your students? This session will look at the principles of safe practice and safeguarding that you should be aware of.
3	Quality Start – the Sussex based award for your KS1 provision Do you feel you have your excellent PE & Sport provision for your pupils in KS1? We've developed an award that will give you accreditation for all those efforts that you make. Come along to this network session to find out more about it and to see how you can get involved?
4	Progressing your School Games Mark – Let's get better! Have you got School Games Mark at Bronze or Silver level? This can prove useful evidence for Ofsted, and raise the profile of the subject within school and with parents. This session will look at the steps you might need to take to make progress through the award levels. We will share ideas and strategies. A good one to visit whether you have no award or are at Gold & wanting Platinum!
5	Inclusive activities – how to get everyone doing PE Are you ensuring that every child has access to quality PE provision. This session will look at strategies to ensure that this is the case. This is applicable for students with disabilities, but also for those that struggle with physical skills or lack engagement
6	Engaging your Governors and SLT This session will look at how to work with your governors and senior leadership team to ensure that PE, sport and physical activity has a high priority within your school. This links closely with planning and evidencing your PE, Sport & Healthy Lifestyles Premium, and what your governors should be looking for in terms of Ofsted inspection and leading / managing the premium spend.
7	Active Learning through curriculum areas – More about Maths of the Day Take a look at how activity in the classroom can improve learning through a Maths based project. This session will give ideas of how to use activity to enhance learning in Maths lessons
8	Evidencing the Impact of your Sport Premium - Tim Dancer, Create Development With the doubling of the Premium for PE & Sport, there's an even greater emphasis for PE coordinators to know what's happening in lessons & sports sessions. This network session will look at an example of how you can evidence this. We have a resource that your school could access.
9	Observing Fundamental Movement – developing core skills This workshop will look at what you should look for and how you can support other staff to recognise these key movement skills

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Practical Sessions

Delegates will have the opportunity to attend **TWO** practical sessions. Session 1 is in the morning and Session 2 is in the afternoon.

Time	Astro	Gym	Sportshall	Sportshall
Session 1 09:45 Each session is approx. 80mins. Focus on PE Curriculum	A Cross Curricular Physical Activity (KS1 & 2) How to engage young people in Numeracy and Literacy learning through physical activity. Tagtiv8 is a new resource that explores this. Come and try it out and see how you could develop this angle to teaching and physical activity	B Introducing Games (KS1) This session will focus on looking at activities which meet the full range of learners needs at KS1, How to plan structured fast paced games lessons which promote learner progress.	C Developing Games – Strike/Field (KS2) A practical session which will look at the range of striking and fielding games, and how you can explore different activities to develop children’s skills and understanding in this area.	D Quality Coaching – What does it look like (PE Coordinators supporting external providers) A practical look at a coach delivering a session. What should we be looking for? How do we assess provision?
	Gym	Sportshall	Netball Courts	Astro
Session 2 1:30 Each session is approx. 70mins. Focus on linking curriculum & School Sport	E Developing Gymnastics (KS1 & lower KS2) Developing gymnastics tasks to ensure progressions. How to introduce apparatus and extension tasks to challenge children of all abilities.	F Outdoor & Adventurous Activities (target KS2, but ideas for KS1 too) Using outdoor challenges and team building tasks, this session will explore how to develop skills in this area. The session will give ideas that can be used both indoors and outdoors on your school site, and show how to link to your trips.	G High Five Netball (KS2) Are you clear about what High 5 is and how is should be taught? What are the benefits? This session will update staff on the teaching of High 5 netball and the rules of competition, particularly leading to School Games events	H Introducing new activities - Lacrosse (KS2) This session will introduce a new sport; one that has developed a primary version of its sport. This fast paced and fun sport will engage children across the school.